## Unpacking Impostor Syndrome Workshop



This interactive workshop is designed to unpack feelings of impostor syndrome and provide tools to address these emotions. Designed specifically for students who are underrepresented in the sciences; however, all are welcome!

Facilitated by

Sam del Castillo, MA Diversity & Outreach Peer Advisor

Veronica Franco, MS CAPS Graduate Mental Health Peer Friday, October 9, 2020 1- 3pm PDT

RSVP to receive the Zoom link

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