UCSB CCAMPIS Presents:
Fall 2021 CALM Parent Talk Series
“Building & Fostering Resilience”

Description:
Join CALM Mental Health Consultant, Cassie Centofranchi, AMFT for a parent workshop focused on parenting through the pandemic.

Participants will learn:
- Community resources that can support their child and how to access them
- Strategies and tools to help their child cope with COVID-19 related stressors
- Prevention efforts that address early detection, knowledge and awareness of behavioral health needs
- Building and fostering resilience
- How to tell if a child needs additional supports

Facilitated by:
Cassie Centofranchi
CALM- Mental Health Consultant, AMFT #117565
Supervised by: Suzie Kirkland, LMFT #91619

Thursday, September 9th, 2021 @ 8:00 PM PST
Zoom Link: https://calm4kids-org.zoom.us/j/85857135547
Meeting ID: 858 5713 5547

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Learn more about CCAMPIS at ucsbccampis.org
Learn more about CALM at calm4kids.org
Questions? Contact: saamehsolaimani@ucsb.edu