

# Professional Development Series (PDS)

for Postdocs and Graduate Students

## Designing Your Life

David J. Evans, Co-founder, Stanford Life Design Lab,  
Lecturer, Design Program, Stanford Univ.

Thursday, September 28

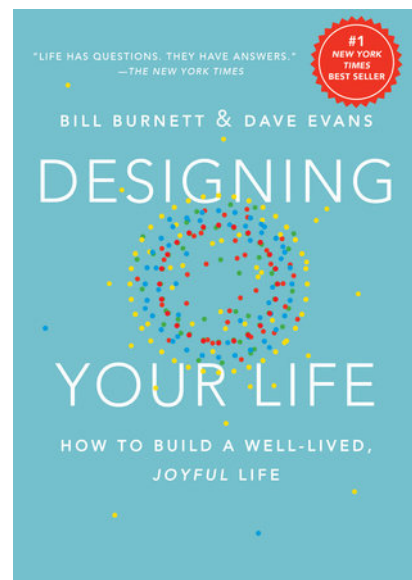
10-12PM, ESB 1001

\*Light Refreshments provided\*


**\*Limited Space, RSVP required\*:**

<https://csep.cnsi.ucsb.edu/forms/PDS/Registration.php>

Designers create worlds and solve problems using design thinking. Look around your office or home—at the tablet or smartphone you may be holding or the chair you are sitting in. Everything in our lives was designed by someone. And every design starts with a problem that a designer or team of designers seeks to solve. In this book, Bill Burnett and Dave Evans show us how design thinking can help us create a life that is both meaningful and fulfilling, regardless of who or where we are, what we do or have done for a living, or how young or old we are. The same design thinking responsible for amazing technology, products, and spaces can be used to design and build your career and your life, a life of fulfillment and joy, constantly creative and productive, one that always holds the possibility of surprise.



**Speaker Bio:** Dave has taught thousands of university students how to apply design thinking to their lives and careers, having co-founded the Stanford Life Design Lab ten years ago. At the invitation of the Stanford Vice Provost for Graduate Education, Dave developed a version of Designing Your Life specifically for doctoral and post-doctoral students who face unique challenges post-degree completion. This life design methodology has been validated in two dissertation studies in education and psychology and has been presented at the AERA and GCC national meetings. Dave has a background in industry, at companies such as Apple and EA, and holds a BS and MS in Mechanical Engineering from Stanford and a graduate diploma in Contemplative Spirituality from San Francisco Theological Seminary. For more info, visit [designingyour.life/](http://designingyour.life/)

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