If you are a researcher, chances are that you are pretty busy. Come learn about some of the most useful strategies that thousands of researchers have found helpful in balancing the many demands on their time.

Hugh Kearns is recognized internationally as a public speaker, educator, and researcher. His areas of expertise include self-management, positive psychology, work-life balance, learning, and creativity. He draws on over 25 years of experience as a leading training and development professional within the corporate, financial, education, and health sectors.

Led by Hugh Kearns

Monday, May 14
9-11a
SRB, Multipurpose Room
https://tinyurl.com/balancersvp