WHAT YOUR CARE ADVOCATE* CAN HELP YOU WITH
You are not alone.
Your advocate is here to offer support, accompaniment, guidance, and referrals.

**FINANCIAL**
- therapy bills
- medical bills
- housing changes
- court costs
- unexpected costs
Your advocate can connect you to funding sources if you have been negatively impacted as a result of your experience.

**MEDICAL**
- forensic DNA exam
- ER
- STI testing
- Student Health Services
- injuries
Your advocate can help you navigate your medical needs and confidentiality, and can accompany you in seeking medical care.

**ACADEMIC**
- facilitating conversations with professors
- withdrawal from classes/university
- difficulty focusing
Your advocate can help you with academic accommodations you may need, including speaking with professors, advisors, and departments.

**HOUSING**
- physical safety
- conflicts in the residence halls
- disclosing to roommates
- safety planning
Your advocate can help make sure you have a safe place to live and can help you explore a housing move when needed.

**REPORTING**
- anonymous reporting
- Title IX
- law enforcement
- protective orders
- no contact orders
Your advocate can explain and accompany you through any reporting processes you may choose to pursue, but will also support a decision not to report at all.

**EMOTIONAL**
- guilt
- therapy
- connection to counseling
- support groups
- shock
- fear
Your advocate will always believe you and can connect you to counselors and support groups.

*PHONE (805) 893-4613 - 24/7 advocacy line*  
Online at wgse.sa.ucsb.edu/CARE

Women’s Center, Monday - Friday, 9:00 a.m. - 5:00 p.m.

**CONTACTING ADVOCATES**

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**APPOINTMENTS**

**DROP-IN** (new clients only)
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*CARE advocates are a confidential resource who believe you, support you, and can help navigate your options. This list is not exhaustive and not all accommodations apply to all situations. Your CARE Advocate can assist with your specific needs.